

Course name	Theory and Methods of Social work I
Course Number	CE31401
Credits	2.0
Year	2
Term, Weekday and Period	Fall AB
Instructor	Miho OMURA
Course overview	(General) The course will discuss the basic methodology of practical social welfare assistance (social work theory), such as aid philosophy, history, care perspective and skills (assistance practice model and approach) by using specific case examples. In addition, the course will provide students with an opportunity to consider their own counseling support methodology, while questioning the role of inter-personal counseling professionals.
Remarks	The course is specified as a prerequisite subject for the examination of national certified social worker. The course is equivalent to CE31151 in FY2012 or earlier.
Teaching method	Lecture
Attainment target	1) Students will be able to understand the theory of interaction between people and the environment in consultation support. 2) Students will be able to understand the targets of counseling support and various practical models. 3) Students will be able to understand the process of counseling support and the associated knowledge and skills. 4) Students will be able to understand the significance and methods of case analysis in counseling support. 5) Students will be able to understand the actual situation of counseling support.
Teaching schedule	1. Theory of interaction between human and the environment and the way of understanding life Days 1-3: Actual understanding of system theory and life understanding method (General system theory, cybernetics, self-organization, life theory for assistance etc.) 2. Study of the theory of counseling support target and the theory of assistance principles. Days 4-6: Understanding of the concept and scope of counseling support target 3. Study of practical models of social works Day 7: Definition of a therapy model Day 8: Definition of a life model Day 9: Definition of a strength model 4. Study of a supporting approach of social work Day 10: Definition of a psychosocial approach Day 11: Definition of a functional approach Day 12: Problem-solving approach Day 13: Problem-oriented approach Day 14: Crisis intervention approach Day 15: Behavior change approach Day 16: Empowerment approach and summary 5. Case analysis and practical counseling support Days 17-20: Review and summary of case analysis method and practical supporting perspective
Course conditions	
Evaluation	Comprehensive evaluation based on the results of attendance record, reporting assignment, semester final examination
Homework	
Text Book	
Reference	
Office hours	
Expectation for student	Teachers will cast questions about students' opinions and thoughts. So, students are expected to actively participate in the discussion.
Keywords	(General) The course will discuss the basic methodology of practical social welfare assistance (social work theory), such as aid philosophy, history, care perspective and skills (assistance practice model and approach) by using specific case examples. In addition, the course will provide students with an opportunity to consider their own social welfare support methodology and technical skills together with other people, while questioning the role of inter-personal counseling professionals. * General system theory, therapy model, life model, strength model, psychosocial approach, functional approach, problem-solving approach, problem-oriented approach, crisis intervention approach, behavior change approach, and empowerment approach