

Course name	JIRITSU-KATSUDO (Self-care activities) for the Visually Impaired
Course Number	CE23021
Credits	2.0
Year	3
Term, Weekday and Period	Spr. AB Thu 3,4
Instructor	Hideyuki KOBAYASHI
Course overview	The course will discuss the significance, objectives, contents, teaching methods, teaching plan, and evaluation of the self-care activities of children with visual impairment.
Remarks	
Teaching method	Lecture
Attainment target	Students will learn the nature of teaching in accordance with the characteristics of visual impairment, and experientially understand the assessment and guidance methods.
Teaching schedule	<p>JIRITSU-KATSUDO (self-care activities) is a guidance area to proactively improve and overcome the learning and living difficulties of children with low vision who see things with weak sight or children with visual impairment who use their fingertips as their eyes. The course will discuss the significance, objectives, contents, and teaching plans of self-care activities. In addition, as specific contents and methods of guidance, the course will also practically discuss how to instruct the use of optical aids for children with low vision, Braille and Orientation & Mobility for children with visual impairment.</p> <p>Day 1: The objectives and contents of the self-care activities in special needs schools (school for persons with visual impairment) Day 2: Creation and handling of details of self-care activity guidance plan Day 3: Individualized guidance plan Day 4: Creation of an individualized guidance plan Day 5: The contents of self-care activity for children with visual impairment Day 6: Way of Braille teaching Day 7: Readiness of Braille teaching Day 8: Braille teaching methods Day 9: Advantages and disadvantages of optical aids for children with low vision Day 10: Type and use of optical aids Day 11: Treatment and selection of telescope Day 12: Treatment and selection of magnifier Day 13: Use guidance of telescope (overview) Day 14: Use guidance of telescope (practice 1) Day 15: Use guidance of telescope (practice 2) Day 16: Use guidance of telescope (practice 3) Day 17: Orientation and Mobility training Day 18: Pre- white cane instructions Day 19: White cane instructions Day 20: Summary</p>
Course conditions	
Evaluation	Evaluation on a five-point scale (A+ to D) based on the answers on comment sheet each time (20%), attendance attitude (20%), and semester final examination (60%).
Homework	Students are encouraged to proactively participate into the class and review the class to reconfirm their understanding and not to leave any unclear matters or questions.
Text Book	
Reference	
Office hours	Friday 09:00-10:00 hidekoba at human.tsukuba.ac.jp
Expectation for student	Students are encouraged to proactively participate into the class and review the class to reconfirm their understanding and not to leave any unclear matters or questions.
Keywords	Self-care activities, Braille, Orientation and Mobility, Optical aids